

Week at a Glance

Week 1
PARSLEY SPRING/SUMMER 2008

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal of the Day Egg of the Day Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Waffles Breakfast Meat Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Scrambled Eggs Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Donut Seasonal Fresh Fruit Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Ham and Cheese Omelet Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Blueberry Pancakes Breakfast Meat Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Breakfast Sandwich Seasonal Fresh Fruit Juice of the Day Coffee / Tea / Milk _____
NOON	Pork Cutlet with Onion Gravy Bread Stuffing Parslied Carrots Bread or Roll / Margarine Boston Cream Dessert Coffee / Tea _____	Pepper Steak Seasoned Rice Buttered Corn Bread or Roll / Margarine Mousse Coffee / Tea _____	Fried Chicken Mashed Potatoes Gravy Green Beans and Mushrooms Biscuit Margarine Peaches and Cream Dessert Coffee / Tea _____	Catsup Glazed Meat Loaf Baked Sweet Potato Broccoli Bread or Roll / Margarine Cranberry Square Coffee / Tea _____	Roast Turkey Gravy Oven Roasted Red Potatoes Peas Bread or Roll / Margarine Pumpkin Pie Coffee / Tea _____	Braised Beef Tips Parslied Noodles Seasoned Spinach Bread or Roll / Margarine Ambrosia Coffee / Tea _____	Baked Ham with Pineapple Parmesan Potatoes Mixed Vegetables Bread or Roll / Margarine Fruit Crisp Coffee / Tea _____
EVENING	Turkey Chili Crackers Grated Cheese Chopped Onions Cucumber Dill Salad Cornbread / Margarine Gelatin with Whip Topping Coffee / Tea / Milk _____	Minestrone Soup Crackers Krab Cake Sandwich Lettuce and Tomatoes Tartar Sauce Creamy Coleslaw Fresh Fruit in Season Coffee / Tea / Milk _____	Ham Fettuccine Mixed Green Salad Bread or Roll / Margarine Ice Cream Coffee / Tea / Milk _____	Breaded Baked Fish Lemon Rice Zucchini and Tomatoes Bread or Roll / Margarine Baked Custard Coffee / Tea / Milk _____	Vegetable Lasagna Tossed Salad Garlic Bread Orange Bar Coffee / Tea / Milk _____	Chicken Nuggets Dipping Sauce French Fries Marinated Garden Salad Bread or Roll / Margarine Lemon Cookie Coffee / Tea / Milk _____	Tomato Basil Soup Crackers Tuna Salad Platter Croissant Sliced Cucumbers Frosted Devil's Food Cake Coffee / Tea / Milk _____
HS SNACK	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice

Week at a Glance

Week 2
PARSLEY SPRING/SUMMER 2008

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal of the Day Egg of the Day Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Biscuit Country Gravy Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day French Toast Breakfast Meat Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Coffee Cake Seasonal Fresh Fruit Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Scrambled Eggs with Ham Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Pancakes Breakfast Meat Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Potato & Onion Omelet Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____
NOON	Veal Picatta Rice Pilaf Lemon Pepper Green Beans Bread or Roll / Margarine Banana Split Dessert Coffee / Tea _____	Pork Cutlet with Sour Cream Sauce Buttered Noodles Dilled Carrots Bread or Roll / Margarine Emerald Pears Coffee / Tea _____	Fillet of Fish with Lemon Butter Parslied Red Potatoes Zucchini and Yellow Squash Bread or Roll / Margarine Pear Custard Bar Coffee / Tea _____	Cheeseburger on a Bun Sliced Tomato, Onion and Lettuce Leaf Potato Salad Snickerdoodle Cookie Coffee / Tea _____	Rosemary Roast Pork Spiced Sweet Potato Spears Broccoli Polonaise Bread or Roll / Margarine Fruited Gelatin with Topping Coffee / Tea _____	BBQ Glazed Chicken Baked Beans Garden Salad Cornbread / Margarine Ice Cream Sandwich Coffee / Tea _____	Salisbury Steak Gravy Mashed Potatoes Yellow Squash with Red Peppers Bread or Roll / Margarine Fresh Fruit Cup Coffee / Tea _____
EVENING	Grilled Chicken on a Bun Lettuce and Tomatoes Tater Tots Apple Slaw Soft Molasses Cookie Coffee / Tea / Milk _____	Roast Beef Gravy Mashed Potatoes Peas and Pearl Onions Bread or Roll / Margarine Lemon Poppyseed Cake Coffee / Tea / Milk _____	Turkey a la King over Puff Pastry Shell Confetti Corn Tossed Salad Cranberry Sorbet Coffee / Tea / Milk _____	Baked Pasta Ziti Italian Blend Vegetables Herb Bread Apple Streusel Cake Coffee / Tea / Milk _____	Beef Stew with Vegetables Crackers Marinated Cucumbers Cheese Biscuit Peanut Butter Bar Coffee / Tea / Milk _____	Fish & Chips Tartar Sauce Sweet and Sour Coleslaw Bread or Roll / Margarine Lime Chiffon Dessert Coffee / Tea / Milk _____	Lentil Soup Crackers Deli Ham Sandwich Peach Half on Lettuce Leaf Carrot Tortellini Salad Frosted Brownie Coffee / Tea / Milk _____
HS SNACK	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice

Week at a Glance

Week 3
PARSLEY SPRING/SUMMER 2008

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal of the Day Egg of the Day Cinnamon Roll Seasonal Fresh Fruit Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Waffles Breakfast Meat Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Toast Margarine / Jelly Hash Browns Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Scrambled Eggs with Onions and Peppers Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Mushroom and Cheese Omelet Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Biscuit Sausage Gravy Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day French Toast Breakfast Meat Juice of the Day Coffee / Tea / Milk _____
NOON	Citrus Turkey Cornbread Stuffing Savory Peas Bread or Roll / Margarine Strawberry Shortcake Coffee / Tea _____	Pork Chop with Apples Mushroom Rice Pilaf Seasoned Green Beans Bread or Roll / Margarine Oatmeal Raisin Cookie Coffee / Tea _____	Honey Mustard Chicken Potato Wedges Seasoned Broccoli Bread or Roll / Margarine Fruit Crisp Coffee / Tea _____	Meatballs Gravy Parslled Noodles Zucchini Medley Bread or Roll / Margarine Pudding with Topping Coffee / Tea _____	BBQ Pork Riblet Pinto Beans Confetti Coleslaw Bread or Roll / Margarine Apple Pie Coffee / Tea _____	Country Fried Steak Cream Gravy Garlic Mashed Potatoes Peas and Carrots Bread or Roll / Margarine Blushing Pears Coffee / Tea _____	RESIDENT'S CHOICE MEAL Coffee / Tea _____
EVENING	Cheese Ravioli with Sauce Buttered Zucchini Mixed Green Salad Bread Stick Mousse Coffee / Tea / Milk _____	Sloppy Joe on a Bun Pickle Spear French Fries Mixed Vegetables Lemon Meringue Dessert Coffee / Tea / Milk _____	Au Gratin Potatoes with Ham Seasoned Spinach with Lemon Wedge Bread or Roll / Margarine Banana Bar Coffee / Tea / Milk _____	Cream of Tomato Soup Crackers Grilled Cheese Sandwich Dill Chips Three Bean Salad Melon Medley Coffee / Tea / Milk _____	Chicken and Broccoli Alfredo Tossed Salad Parmesan Bread Gelatin Jewels with Topping Coffee / Tea / Milk _____	Spinach Tortellini Soup Crackers Chef Salad Muffin Margarine Mandarin Orange Cake Coffee / Tea / Milk _____	Fish Patty on a Bun Lettuce and Tomatoes Tartar Sauce Sweet Potato Fries Cucumber Onion Salad Sherbet Coffee / Tea / Milk _____
HS SNACK	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice

Week at a Glance

Week 4
PARSLEY SPRING/SUMMER 2008

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal of the Day Western Omelet Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Pancakes Breakfast Meat Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day French Toast Breakfast Meat Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Muffin Margarine / Jelly Seasonal Fresh Fruit Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Egg of the Day Biscuit Country Gravy Juice of the Day Coffee / Tea / Milk _____	Cereal of the Day Cheese Omelet Toast Margarine / Jelly Hash Brown Patty Juice of the Day Coffee / Tea / Milk _____
NOON	Roast Beef Gravy Lyonnaise Potatoes California Blend Vegetables Bread or Roll / Margarine Chocolate Eclair Dessert Coffee / Tea _____	Baked Fish Almondine Tartar Sauce Rice Florentine Dilled Green Beans Cheese Biscuit Mousse Coffee / Tea _____	Rotisserie-Style Baked Chicken Mashed Potatoes Gravy Seasoned Corn Bread or Roll / Margarine Strawberry Cheese Square Coffee / Tea _____	Ground Beef Stroganoff Seasoned Noodles Roasted Broccoli Bread or Roll / Margarine Fruit Cobbler Coffee / Tea _____	Grilled Ham Steak Apple Sweet Potato Casserole Peas and Cauliflower Bread or Roll / Margarine Ice Cream Coffee / Tea _____	Glazed Corned Beef Brisket Parsled Red Potatoes Seasoned Carrots and Onions Bread or Roll / Margarine Pudding in a Cloud Coffee / Tea _____	Hawaiian Pork Roast Toasted Herb Rice Oriental Blend Vegetables Bread or Roll / Margarine Mint Brownie Coffee / Tea _____
EVENING	Hot Chicken Salad Potato Wedges Marinated Tomatoes Bread or Roll / Margarine Chocolate Chip Cookie Coffee / Tea / Milk _____	Green Bean Ham Bake Melon Wedge Seasoned Beets Muffin Margarine Angel Food Cake with Fruit Coffee / Tea / Milk _____	Baked Cheese Lasagna Parsled Cauliflower Tossed Salad Choice of Dressing Garlic Bread Watermelon Coffee / Tea / Milk _____	Hearty Vegetable Soup Crackers Shrimp Pasta Salad Plate Sliced Cucumbers Croissant Frosted Carrot Cake Coffee / Tea / Milk _____	Turkey Burger on a Bun Sliced Tomato, Onion and Lettuce Leaf Steak Fries Walnut Fruit Salad Rice Krispie Bar Coffee / Tea / Milk _____	Fish Nuggets Tartar Sauce Macaroni and Cheese Seasoned Zucchini Bread or Roll / Margarine Cranberry Gelatin Dessert Coffee / Tea / Milk _____	Egg Drop Soup Crackers Mandarin Chicken Salad Herb Bread Fresh Fruit Cup Coffee / Tea / Milk _____
HS SNACK	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice

Week at a Glance

Week 5
PARSLEY SPRING/SUMMER 2008

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal of the Day Egg of the Day Coffee Cake Breakfast Meat Juice of the Day Coffee / Tea / Milk	Cereal of the Day Country Style Scrambled Eggs Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk	Cereal of the Day Egg of the Day Muffin Margarine / Jelly Juice of the Day Coffee / Tea / Milk	Cereal of the Day Pancakes Breakfast Meat Juice of the Day Coffee / Tea / Milk	Cereal of the Day Ham and Cheese Omelet Toast Margarine / Jelly Juice of the Day Coffee / Tea / Milk	Cereal of the Day French Toast Breakfast Meat Juice of the Day Coffee / Tea / Milk	Cereal of the Day Egg of the Day Biscuit Country Gravy Seasonal Fresh Fruit Juice of the Day Coffee / Tea / Milk
NOON	Herbed Pot Roast Seasoned New Potatoes Peas and Carrots Bread or Roll / Margarine Chocolate Cream Pie Coffee / Tea	Brown Sugar Glazed Ham Noodles Romanoff Green and Gold Beans Bread or Roll / Margarine Rainbow Dessert Coffee / Tea	Tomato Swiss Steak Garlic Mashed Potatoes Lemon Buttered Broccoli Bread or Roll / Margarine Peanut Butter Cookie Coffee / Tea	Orange Glazed Chicken Rosemary Roasted Potatoes Seasoned Spinach Bread or Roll / Margarine Apple Pecan Bar Coffee / Tea	Spaghetti with Meat Sauce Italian Blend Vegetables Parmesan Bread Sherbet Coffee / Tea	Cornmeal Fish Fillet with Lemon Wedge Creamed Peas and Potatoes Country Tomato Salad Bread or Roll / Margarine Seasonal Fresh Fruit Coffee / Tea	Russian Chicken Crumb Noodles Seasoned Broccoli Bread or Roll / Margarine Fruit Crisp Coffee / Tea
EVENING	Egg Salad Sandwich Relish Plate Pickled Beets on Lettuce Leaf Raspberry Oatmeal Nut Square Coffee / Tea / Milk	Vegetable Beef Soup Crackers Chicken Caesar Salad Bread or Roll / Margarine Ginger Pear Upside-down Cake Coffee / Tea / Milk	Tuna Noodle Casserole Carrot Coins with Thyme Bread or Roll / Margarine Lemon Graham Freeze Coffee / Tea / Milk	Smokey Shredded Pork Ranch Style Beans Confetti Coleslaw Texas Toast Pudding with Topping Coffee / Tea / Milk	Scalloped Turkey with Mushrooms Garden Rice House Salad Bread or Roll / Margarine Glazed Chocolate Sheet Cake Coffee / Tea / Milk	New England Clam Chowder Crackers Ham and Swiss Sandwich Lettuce and Tomatoes Marinated Green Beans Vanilla Chip Dessert Coffee / Tea / Milk	Open-faced Roast Beef Sandwich with Gravy Mashed Potatoes Capri Blend Vegetables Ranger Cookie Coffee / Tea / Milk
HS SNACK	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice	Crackers / Cookies or Assorted Snacks Juice